

**“On the Move” Dance Core Session Lesson Plan**  
**Shirley Ririe**  
**Networking 2003**

**Lesson Goal:**

- Tito de Saz taught Nikolais technique.
- Shirley Ririe taught Nikolais based on improvisation.
- Murray Louis spoke about Nikolais choreography.
- Teachers saw a 2-hour show, a wrap-up with Q&A followed.
- Report on “The Nikolais Festival” presented by Ririe-Woodbury Dance Company.
  - 45 teachers and college students participated in all 5 events (a 7 hr event on Sat. Sept. 27).
  - The workshop was a huge success.

**Indicators of Success in Accomplishing Lesson Goal, Follow-up and reinforcement:**

- Teachers will put concepts learned into lessons which they will teach to their students

**Key Words/Vocabulary:**

- Time
- Space
- Motion (changing energy quality)
- Nikolais theatre of shape, sound color, light

**Materials:**

- Program
- CD

**Prior Knowledge and Experiences:**

- Dance major
- Teacher of dance
- Vast background